



## → How it works when you work with us.

1. Call or email and tell us about your moving situation.
2. We will schedule a free, face-to-face consultation.
3. You tell us what you need and we give you a plan, and our word that we'll take care of everything.
4. Then you can:
  - Take that trip to Mexico.
  - Hit the gym, free of excuses.
  - Obsess about the ozone layer instead.
  - Learn something new with all that free brain power.
  - Sleep through the night, for a change.

Or even choose all of the above. The point is, when you work with us, we manage your move so you can live your life.

So what would you rather be doing than packing or planning for your move?

Give us a call and let's talk about it.

*"Thank you, thank you, and thank you again for all of your amazing help yesterday. I can't tell you what a RELIEF it is to have my huge pile of stuff from my move put away and organized. And best of all, you helped me feel like it was all going to be OKAY."*

– JD, Columbia City

*"As I ran around Seattle looking for a new home base, the Assisted Transitions team calmly took care of my world. They packed me up, moved me, and unpacked me into my temporary location. I was so satisfied that I hired them again this year to move me to my new home."*

– RJ, Greenlake

*"Assisted Transitions saved my a-- when I had to move. Their team handled everything. Courteous, professional and dependable. Don't even think about moving without them."*

– GW, Belltown



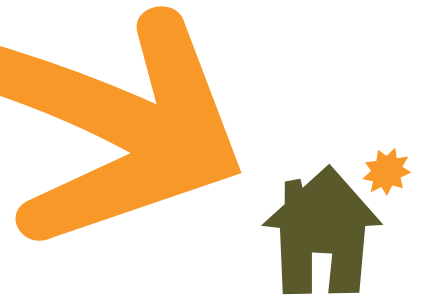
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**We manage your move  
so you can live your life.**

# Change is inevitable. We make it easy.



## ? Why you need us.

Plying your friends with pizza and beer to help you move certainly had its place. But now you've got nicer stuff and more to think about. Besides, now all your friends drink \$12 martinis.

You hire professionals to handle other important aspects of your life. So why not your next move?

Five signs you need a professional move manager:

- 1. You have better things to do with your time.** Whether it's work, a day in the mountains or a night on the town, it's probably not packing.
- 2. You want to move, but you want the clutter to stay behind.** You swore you'd never live out of boxes again.
- 3. You need more calm and less stress in your life.** Even your yoga teacher says so.
- 4. You can't bear to call the cable company—again.** Your time, and your cell minutes, are too precious.
- 5. You're probably not as good at it as we are.** No offense.

Once you move with us, we bet you'll never move on your own again.

## ☀ What we do.

In a nutshell, we manage as little or as much of your move as you want.

We customize our services based on your needs and budget and it all starts with a free, face-to-face consultation.

Here are just some of the services we offer:

- **Minutiae management.** From scheduling cleaners to forwarding pet records, we deal with all the details of your move so you don't have to.
- **Personalized timelines and checklists.** We create and manage both to keep your move on track and on time.
- **Packing A-Z.** Not only will we pack and unpack for you, we'll also help with tough decisions along the way. We'll even get you good deals on all the supplies.
- **Clutter clearing.** We assess your space and your stuff to help you move only what matters. We'll even donate the discards for you.
- **Utilities transfer.** We'll coordinate all your utilities so you're not stuck in the dark—or worse, without wireless.
- **Free attitude adjustments.** Our clients say we're pretty fun, too.

Clients have even asked us to stick around and run their entire lives once the move is over. Now that's a compliment.

## ☞ Who we are.

We are trained change and move management professionals with the experience, resources, and know-how to make your move a breeze.

We are also people just like you who know what it's like to move. This understanding, and our passion for helping others manage change, is what keeps us happily committed to our work, day in and day out.

You can count on the Assisted Transitions team to:

- Be professional and discreet. Your privacy is a top priority.
- Deliver quality and value. Our team is highly efficient and resourceful.
- Get it done—on budget and on time. You will wonder how and why you ever moved on your own.
- Meet you where you are. Our approach is about people, not formulas.
- Relieve stress—and even add a little fun. We love what we do!

If you're not quite ready to move, maybe a parent or grandparent is. Ask us about our senior move services. We can help them, and you, navigate this big life transition.